



**ANNUAL REORT
OF
NATIONAL SERVICE SCHEME**



Prepared By:
MERLIN ALEX
MUHAMMED BAPPU
PROGRAMME OFFICER

YEAR: 2025-2026

INDEX

SR.NO	NAME OF REGULAR ACTIVITIES	DATE	NO:OF PARTICIPANTS
1	ENVIRONMENT DAY	05.06.2025	100
2	YOGA DAY	21.06.2025	100
3	PAPER BAG DAY	12.07.2025	70
4	INDUCTION&CERTIFICATE DISTRIBUTION	07.08.2025	200
5	ORGAN DONATION DAY	13.08.2025	100
6	INDIPENDANCE DAY	15.08.2025	100
7	DENTORA	19.08.2025	100
8	SENIOR CITIZEN DAY	21.08.2025	100
9	NSS DAY CELEBRATION	24.09.2025	100
10	FIRST YEAR ORIENTATION	25.09.2025	100
11	BEACH CLEANING(SWATCHATHA ABIYAN)	27.09.2025	50
12	MENTAL HEALTH AWRENESS PROGRAMME	08.10.2025	100
13	ANTI DRUG CAMPAIGN	09.10.2025	100
14	LIFE SAVERS : EMERGENCY CARE	15.10.2025	100

❖ June 5 - World Environment Day

The National Service Scheme (NSS) Units (093 A & 093 B) of Al-Azhar College of Arts & Science observed World Environment Day on June 5th with an innovative and engaging campaign centered on the theme: **"Plant a Fruit, Grow a Future!"** To promote environmental consciousness and active participation in conservation efforts, the NSS units launched a community-wide plantation drive and contest. The objective was to encourage students and faculty to take personal responsibility for increasing greenery.

The campaign invited participants to:

- Plant a Tree (preferably a fruit-bearing one): This action directly contributed to increasing green cover and supporting local ecosystems.
- Take a Photo: Participants were required to capture the moment of planting.
- Send it to Us: Submitting the photo served as proof of participation in the contest.
- Win Big: This element was added to incentivize mass participation in the environmentally friendly activity. Through this practical and engaging initiative, the NSS successfully highlighted the long-term benefits of planting fruit trees for both the environment and future generations, reinforcing the importance of sustainable practice



July 12- paper bag day

The Al-Azhar Group of Institutions observed International Paper Bag Day on Friday, July 12, 2025, to promote sustainable practices and discourage the use of single-use plastic bags. The theme of the observance was centered around the quote: **"Let's make conscious choices today for a sustainable tomorrow."**

To mark the occasion, an engaging programme was organized. The highlight was a dedicated training session on making eco-friendly paper bags.

The workshop was conducted by the Program Officer, Ms. Merlin Alex. She provided comprehensive training to the participating students, emphasizing the environmental benefits of using biodegradable paper bags. Under her guidance, the students actively participated in the training, learning various techniques for crafting durable paper bags.

Following the successful completion of the workshop, the students utilized their newly acquired skills to make a large number of paper bags. These handmade bags were then distributed within the campus and thodupuzha municipality surrounding areas to raise awareness about the viable alternative to plastic. The event served as an important practical lesson in environmental responsibility, encouraging the institution's community to adopt conscious and sustainable consumption habits for a better future.



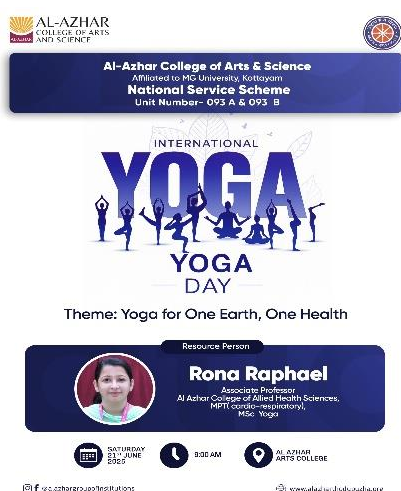
❖ June 21- International Yoga Day

The National Service Scheme (NSS) Units (093 A & 093 B) of Al-Azhar College of Arts & Science, affiliated to MG University, Kottayam, successfully celebrated International Yoga Day on Saturday, June 21, 2025.

The event commenced at 9:00 AM at the Al Azhar Arts College campus. This year's celebration was centered around the global theme, "**Yoga for One Earth, One Health,**" emphasizing the holistic benefits of Yoga for individual well-being and its role in planetary health. The special session was led by the distinguished Resource Person, Ms. Rona Raphael. Ms. Raphael, an Associate Professor at Al Azhar College of Allied Health Sciences, holds an

MPT (Cardio-respiratory) and an MSc in Yoga, making her highly qualified to guide the participants.

The session focused on practical demonstrations and the importance of incorporating Yoga into daily life for physical and mental fitness. NSS volunteers and students actively participated, learning various asanas and breathing techniques. The celebration achieved its goal of promoting health consciousness and the universal appeal of Yoga among the students and staff.



❖ AUGUST 7- One-Day Orientation Programme & Certificate Distribution Ceremony

The National Service Scheme (NSS) Units (093 A & 093 B) of Al-Azhar College of Arts & Science organized a combined event consisting of a One-Day Orientation Programme for Second Year Volunteers and a Certificate Distribution Ceremony for Outgoing Senior Volunteers on Thursday, August 7, 2025. The event commenced at 11:00 AM in the College Auditorium.

The chief resource person for the occasion was Mr. Gismon Thomas, Assistant Professor in the Department of History at Mar Thoma College for Women, Perumbavoor.

The first part of the programme, the orientation, was dedicated to the second-year volunteers. Mr. Thomas delivered an insightful session on the extended roles and responsibilities of senior NSS volunteers, focusing on leadership skills, project management, and sustaining the NSS spirit in the campus community. The latter half of the event was the Certificate Distribution Ceremony, held to honour the outgoing senior volunteers. Certificates were

presented to acknowledge their dedicated service and contributions to the college and the community throughout their tenure in the NSS. Mr. Thomas addressed the outgoing volunteers, commending their commitment and urging them to carry forward the values of service in their future lives. The event successfully motivated the continuing volunteers while providing a fitting farewell and recognition to the seniors.



Al-Azhar College of Arts & Science
Affiliated to MG University, Kottayam
National Service Scheme
Unit Number- 093 A & 093 B

**ONE DAY ORIENTATION PROGRAMME
FOR SECOND YEAR VOLUNTEERS
&
CERTIFICATE DISTRIBUTION CEREMONY
FOR OUTGOING SENIOR VOLUNTEERS**

Resource Person



GISMON THOMAS

ASSISTANT PROFESSOR
DEPARTMENT OF HISTORY
MAR THOMA COLLEGE FOR WOMEN PERUMBAVOOR



THURSDAY
7th AUGUST
2025



11:00 AM



COLLEGE AUDITORIUM
AL AZHAR ARTS COLLEGE

[@alazharcollegeofinstitutions](#)

www.alazharthodupuzha.org



GPS Map Camera

Idukki, Kerala, India
Thodupuzha, Idukki, Kerala 685605, India
Lat 9.918319, Long 76.717344
08/07/2025 11:34 AM GMT+05:30
Note : Captured by GPS Map Camera

❖ AUGUST 13- WORLD ORGAN DONATION DAY

The National Service Scheme (NSS) Units 093 A & 093 B of **Al-Azhar College of Arts and Science** organized a discourse on **“The Importance of Organ Donation”** on **13th August 2025** at **10:00 AM** in the **BCA S1 Classroom**. The session began with a welcome address by an NSS volunteer, followed by an introduction of the resource person. **Dr. Jose Joseph**, Principal of Al-Azhar Medical College, served as the chief guest and speaker for the event. In his address, Dr. Jose Joseph emphasized the significance of organ donation in saving lives and explained the medical and ethical aspects associated with it. He urged students to develop awareness and take the initiative to educate others about this noble act. The talk provided valuable insights into how one donor can save multiple lives and inspired the students to become advocates for organ donation in society. The session was highly interactive, with active participation from students who asked thought-provoking questions. The program concluded with a vote of thanks proposed by an NSS volunteer, expressing gratitude to the resource person, the college management, and all participants. The event was informative and success Spreading a strong message about the value of humanity and compassion through organ donation.



❖ AUGUST 15- INDEPENDENCE DAY

The National Service Scheme (NSS) Units (093 A & 093 B) of Al-Azhar College of Arts & Science, affiliated to MG University, Kottayam, celebrated the nation's 79th Independence Day with patriotic fervor on Friday, August 15, 2025. The ceremony commenced at 08:00 AM at the Al Azhar Arts College Premises.

The main events of the celebration were:

- **Flag Hoisting:** The National Flag was ceremoniously hoisted by DR Ferosh M Basheer, followed by the singing of the National Anthem, instilling a sense of national pride among all attendees.
- **Independence Day Procession:** A vibrant procession was organized, with NSS volunteers and students participating enthusiastically, showcasing unity and patriotism.
- The theme for this year's celebration was "India after Independence." The celebration included a brief session where the significance of India's journey since 1947 was discussed, reflecting on the nation's achievements and future goals.

The event successfully commemorated the sacrifices of the nation's heroes and reaffirmed the students' commitment to the country's progress and development.





❖ **AUGUST 19- DENTORA**

Dentora " on Tuesday, August 19, 2025. The camp was conducted in association with Al-Azhar Dental College and was held at the Dental College Mini Auditorium, starting at 09:00 AM.

The theme of the camp was "Smile Brighter, Live Healthier!" and the primary aim was to provide quality dental care and raise awareness about oral health among the community.

Major highlights of the camp included:

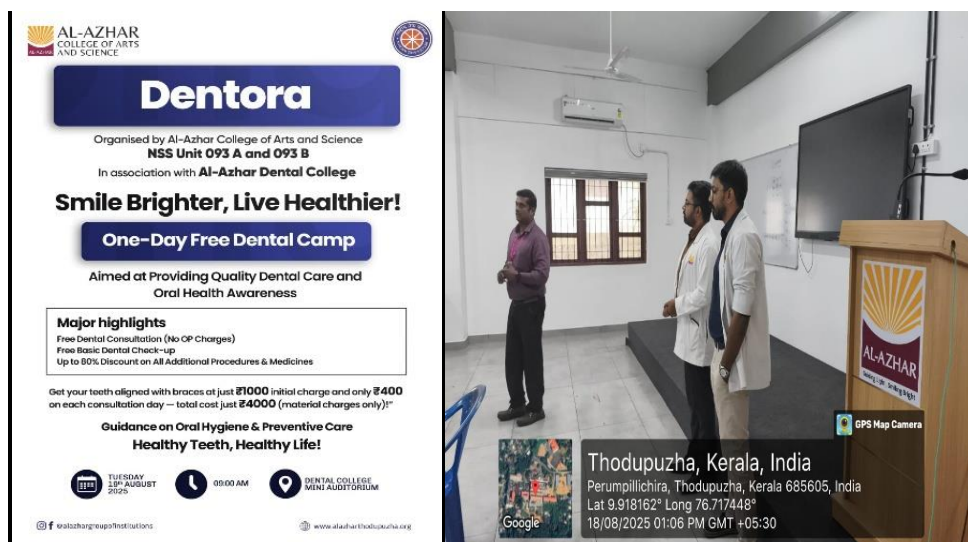
Free Dental Consultation: Patients received consultations at no charge.

Free Basic Dental Check-up: Basic dental screenings were provided free of cost.

Discount on Procedures: Participants received up to 80% discount on all additional procedures and medicines, making comprehensive care accessible.

Guidance on Oral Hygiene: Experts provided essential guidance on Oral Hygiene & Preventive Care, emphasizing the motto: "Healthy Teeth, Healthy Life!"

The camp was highly successful, benefiting a large number of people by offering quality, affordable dental care and promoting preventive oral health practices.



August 21 – National Senior Citizens Day

The National Service Scheme (NSS) Units of Al-Azhar College of Arts and Science organized a heartwarming One-Day Visit & Cultural Programme at Snehalyam Old Age Home to celebrate National Senior Citizens Day on Thursday, August 21, 2025. The event, titled "Celebrating Wisdom, Honouring Lives," began at 10:00 AM. Its core aim was to share joy, love, and respect with the residents of Snehalyam, in alignment with the NSS motto of selfless service.

The college's official delegation, including the Principal (name not specified), NSS Programme Officers Ms. Merlin Alex and Mr. Muhammed Bappu, and faculty member Mr. Arun, were present. They provided valuable instructions and guidance to the student volunteers throughout the visit, ensuring the program ran smoothly and respectfully.

Major highlights of the programme included:

- **Cultural Programmes:** Volunteers entertained the residents with songs, dances, and short skits.
- **Interactive Sessions:** Fun games and conversations were organized to engage the elders actively.
- **Sharing Stories:** Volunteers spent quality time listening to the life stories and experiences of the senior citizens.
- **Tokens of Love & Gratitude:** The visit concluded with the distribution of small tokens, expressing the students' respect and heartfelt thanks.

- The celebration successfully reinforced the powerful message: "The best way to honour our elders is to spend time with them," fostering a deep sense of empathy and social commitment among the NSS volunteers.





AL-AZHAR
COLLEGE OF ARTS
AND SCIENCE

National Senior Citizens Day Celebration

Organised by Al-Azhar College of Arts and Science
NSS Unit 093 A and 093 B
In association with Snehalayam Old Age Home

Celebrating Wisdom, Honouring Lives

One-Day Visit & Cultural Programme

Aimed at sharing joy, love, and respect with the residents of Snehalayam on the occasion of National Senior Citizens Day.

Major highlights

- Cultural Programmes: Songs, Dance & Skits
- Fun Games & Interactive Sessions
- Sharing Stories & Conversations
- Tokens of Love & Gratitude.

"The best way to honour our elders
is to spend time with them."



THURSDAY
21st AUGUST
2025



10:00 AM



SNEHALAYAM
OLD AGE HOME

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 [www.alazharcollege.org](#)

❖ SEPTEMBER 24 –WORLD NSS DAY

The National Service Scheme (NSS) Units (093 A & 093 B) of Al-Azhar College of Arts & Science celebrated NSS Day on September 24th, honoring the foundation day of the scheme. The celebration was guided by the NSS motto: "Not Me, But You".

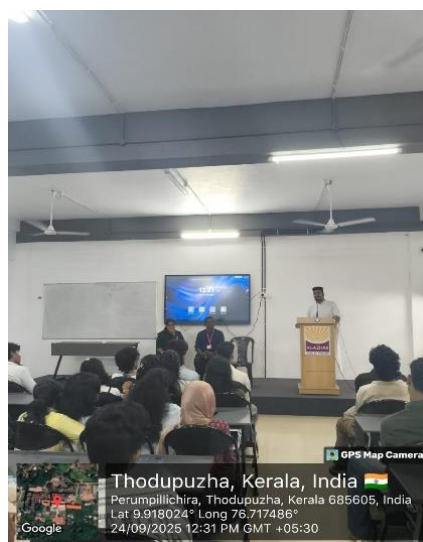
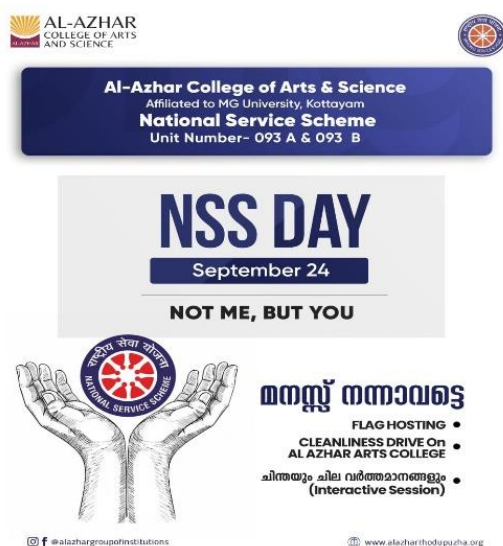
The day's events were designed to reinforce the spirit of community service and selflessness among the volunteers. The activities included:

Flag Hosting: The NSS flag was ceremoniously hoisted, marking the official beginning of the day's celebration.

Cleanliness Drive: A dedicated cleanliness drive was carried out on the Al Azhar Arts College campus, promoting the importance of a clean environment and active participation in local sanitation efforts.

Interactive Session: An interactive session titled “മനസ്സ് നന്നാവട്ടെ” (Manassu Nannavatte - Let the Mind Become Good) was conducted. This session, which translates to "A few thoughts and some conversations," provided a platform for volunteers to discuss the values of service, social responsibility, and personal growth essential for an NSS member.

The celebration successfully instilled the core values of the NSS in the volunteers, encouraging them to commit to selfless service and community betterment.



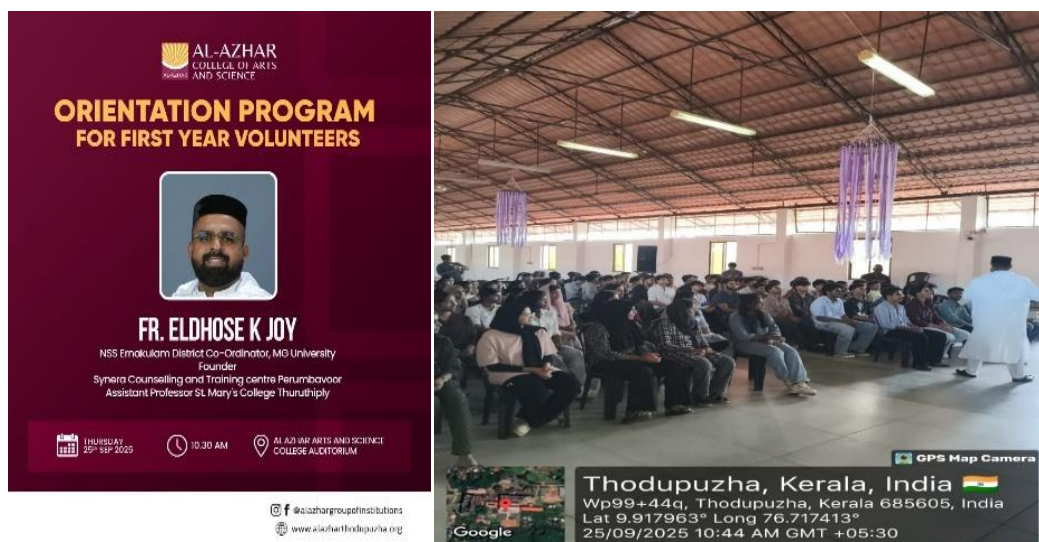


❖ September 25- Orientation Program for First Year volunteers

Al-Azhar College of Arts and Science successfully conducted an Orientation Program for First Year Volunteers on Thursday, September 25, 2025. The program, which began at 10:30 AM in the College Auditorium, was aimed at inducting and introducing the new student volunteers to the principles and activities of the service scheme. The session was graced by the presence of the esteemed resource person, Fr. Eldhose K Joy. Fr. Joy is a distinguished figure, holding multiple important roles including:

- NSS Ernakulam District Co-ordinator, MG University
- Founder of Synera Counselling and Training Centre, Perumbavoor
- Assistant Professor at St. Mary's College, Thuruthiply

Fr. Eldhose K Joy delivered an inspiring talk, outlining the core objectives of volunteerism, the social responsibilities of students, and the crucial role of the NSS in community development. He provided the new recruits with an in-depth understanding of the ethos of 'Service Before Self' and motivated them to actively engage in various campus and community activities. The orientation proved to be highly informative and motivational, effectively preparing the first-year students for their journey as dedicated volunteers.



❖ **SEPTEMBER 27 -Swachhata Hi Seva 2025 a Mega Clean Up Drive**

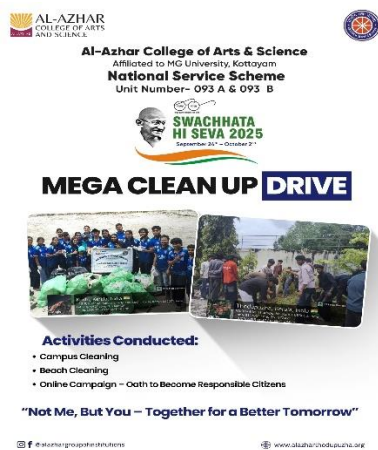
The NSS Units (093 A & 093 B) of Al-Azhar College of Arts & Science actively participated in the nation-wide "Swachhata Hi Seva 2025" campaign by organizing a Mega Clean Up Drive. The campaign, running from September 27TH to October 2nd, 2025, was conducted under the inspiring motto of the NSS: "Not Me, But You – Together for a Better Tomorrow."

The drive involved mass participation from volunteers and was executed across multiple locations, including Thodupuzha and Kochi.

Key Activities Conducted:

- ❖ **Campus Cleaning:** Volunteers meticulously cleaned the college premises, ensuring a neat and hygienic educational environment.
- ❖ **Beach Cleaning:** A significant effort was directed towards cleaning coastal areas (Kochi, Kerala), emphasizing environmental conservation and marine protection.
- ❖ **Online Campaign:** An "Oath to Become Responsible Citizens" campaign was conducted online to promote civic duty and awareness about cleanliness beyond the physical drive.

The Mega Clean Up Drive successfully honored the spirit of Mahatma Gandhi's vision for a clean nation. The initiative instilled a strong sense of responsibility and collective action among the volunteers for building a cleaner and more sustainable environment.



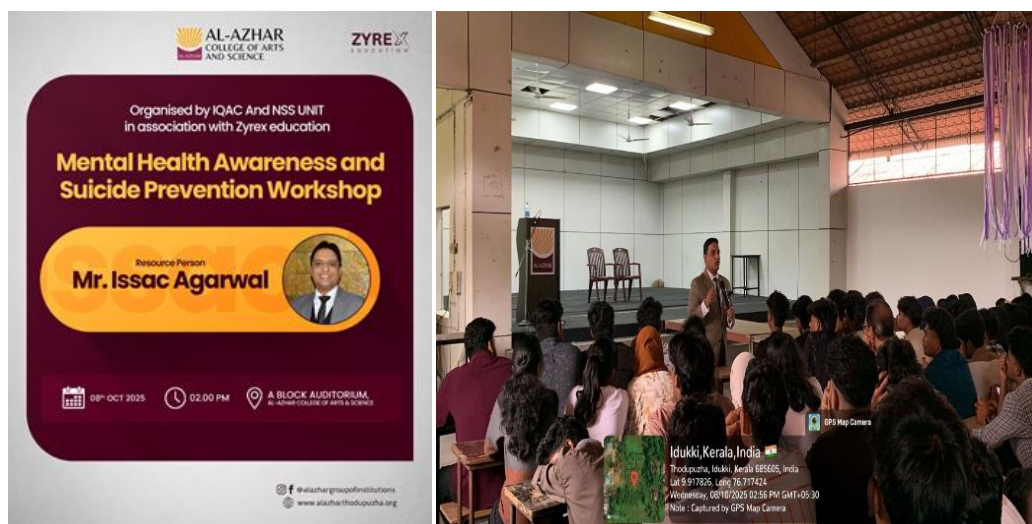
❖ OCTOBER 8 – Mental Health Awareness and Suicide Prevention Workshop

Al-Azhar College of Arts and Science's IQAC and NSS Unit, in collaboration with Zyrex Education, successfully organized a crucial Mental Health Awareness and Suicide Prevention Workshop on Wednesday, October 08, 2025.

The workshop commenced at 02:00 PM in the A Block Auditorium and saw active participation from students and staff. The programme was designed to address the growing importance of mental well-being and equip the attendees with essential knowledge and strategies for prevention.

The resource person for the highly relevant session was Mr. Issac Agarwal. Mr. Agarwal delivered an insightful and practical discourse on identifying early signs of mental distress, fostering a supportive environment, and the critical steps involved in suicide prevention. He emphasized the need to break the stigma surrounding mental health issues and encourage open conversations.

The workshop provided valuable tools and information, reinforcing the institution's commitment to the holistic welfare of its students and creating a mentally healthy campus environment.



❖ OCTOBER 9 – ANTI DRUG CAMPAIGN

The National Service Scheme (NSS) Units 093 A and 093 B of Al-Azhar College of Arts & Science, in association with the Ministry of Health and Family Welfare, organized an awareness programme titled “Breathe Free – Say No to Tobacco” on 9th October 2025 at 1:00 PM in the college campus. As part of the Tobacco Free Youth Campaign, a flash mob and awareness session were conducted to educate students and staff about the harmful effects of tobacco use and to promote a smoke-free, healthy lifestyle. NSS volunteers actively participated by performing, sharing informative messages, and encouraging others to say no to tobacco and yes to life. The programme effectively spread awareness among the campus community and reflected the commitment of NSS volunteers toward building a healthier society.



❖ OCTOBER 15- "LIFESAVERS: EMERGENCY CARE"

The NSS Unit of Al-Azhar College of Arts and Science successfully organized a crucial one-day workshop titled "LIFESAVERS: EMERGENCY CARE" on Wednesday, October 15, 2025.

The workshop was conducted in collaboration with the experts from Al-Azhar Medical College and Super Speciality Hospital, and was held at the hospital premises.

The primary goal of the program was to train NSS volunteers and students in essential first aid and emergency life-saving techniques, such as Cardiopulmonary Resuscitation (CPR), responding to choking, and managing common medical emergencies. The training aimed to equip participants with the skills necessary to provide immediate assistance during critical situations until professional medical help arrives.

The session included both theoretical instruction and practical, hands-on demonstrations led by medical professionals. The participants were given the opportunity to practice techniques, ensuring they gained confidence in administering emergency care.

The workshop was highly impactful, empowering the attendees to become proficient first responders and highlighting the importance of basic medical knowledge in saving lives.

